



Raising Resilient Teens in Challenging Times

This presentation educates parents on the warning signs of suicide, dispels myths, and encourages parents to speak to their children about suicide prevention. With a focus on building strength and resilience in our children and teens, this program emphasizes the following:

- How to talk to your teens about difficult topics.
- Empowering parents and guardians through education and awareness.
- Understanding warning signs and risk factors.
- Cultivating an independent and resilient mindset in your child.
- Data and statistics
- Local resources

Date: Thursday, Oct 24, 2019

Time: 6:30pm --- 8:00 pm

Location: Roosevelt Middle School Auditorium

RSVP: [Click here to Register](#)

The Society for the Prevention of Teen Suicide is a non-profit community organization dedicated to increasing awareness and reducing the stigma of suicide through specialized training programs and outreach resources that empower teens, parents and educational leaders with the emotional guidance and skills needed to help those at risk of suicide and build a life of resiliency.

