

# 365 DAYS of Wonder

Mr. Browne's PRECEPTS



A QUOTE for EVERY DAY  
of the YEAR ABOUT  
COURAGE, FRIENDSHIP,  
LOVE, and KINDNESS

*R.J. Palacio*



ALFRED A. KNOPF  
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JANUARY 1

We carry  
within us  
the wonders  
we seek  
around us.

—Sir Thomas Browne

JANUARY 2

And above all, watch with  
glittering eyes the whole  
world around you because  
the greatest secrets are  
always hidden in the most  
unlikely places. Those who  
don't believe in magic  
will never find it.

—Roald Dahl

JANUARY 3

Three things in human  
life are important:  
the first is to be kind;  
the second is to be  
kind; and the third  
is to be kind.

—Henry James

JANUARY 4

No man  
is an  
island,  
entire  
of itself.

—John Donne

JANUARY 5

I yam what  
I yam.

—Popeye the Sailor (Elsie Crisler Segar)

JANUARY 6

All you need  
is love.

—John Lennon and  
Paul McCartney



JANUARY 7

The two most  
important days in  
your life are the  
day you are born  
and the day you  
find out why.

—Mark Twain

JANUARY 8

Somewhere,  
Something  
incredible is  
waiting to be  
Known.

—Carl Sagan

JANUARY 9

To be able to look  
back upon one's life  
in satisfaction, is to  
live twice.

—Kahlil Gibran

JANUARY 10

If the wind will  
not serve, take  
to the oars.

—Latin proverb

JANUARY 11

Don't tell me  
The Sky's the  
Limit When there's  
Footprints On  
The Moon.

—Paul Brandt

JANUARY 12

How wonderful it  
is that nobody need  
wait a single moment  
before starting to  
improve the world.

—Anne Frank

JANUARY 13

However  
long the  
night ...  
the dawn  
will  
break.

—African proverb

JANUARY 14

He who knows  
others is clever,  
but he who knows  
himself is  
enlightened.

—Lao Tzu

JANUARY 15

the  
best  
way to  
make  
your

dreams  
come  
true is  
to wake  
up.

—Paul Valéry




JANUARY 16

Just be who  
you want  
to be,  
not what  
others  
want to see.

—Unknown

JANUARY 17

NOT  
ALL THOSE  
WHO  WANDER  
ARE LOST

—J.R.R. Tolkien

JANUARY 18

Make kindness your  
daily modus operandi and  
change your world.

—Annie Lennox

JANUARY 19

You are braver than you  
believe, stronger than you seem,  
and smarter than you think.

—Christopher Robin (A. A. Milne)

JANUARY 20

Have you  
had a  
kindness  
shown?  
Pass it on.

—Henry Burton

JANUARY 21

Don't dream  
it, be it.

—*The Rocky Horror Picture Show*

JANUARY 22

The miracle  
is not to fly in  
the air, or  
to walk on the  
water, but  
to walk on the  
earth.

—Chinese proverb

JANUARY 23

**There is no shame in not  
knowing. The shame lies  
in not finding out.**

—Assyrian proverb

JANUARY 24

To thine  
own self  
be true.

—William Shakespeare

JANUARY 25

No act of  
kindness,  
no matter  
how small,  
is ever  
wasted.

—Aesop



JANUARY 26

Be yourself,  
Everyone Else is  
already taken.

—Oscar Wilde

JANUARY 27

Wherever there is a  
human being there  
is an opportunity  
for a kindness.

—Seneca

JANUARY 28

Know thyself.

—Inscription at the Oracle of Delphi

JANUARY 29

Laughter  
is sunshine;  
it chases  
winter  
from the  
human face.

—Victor Hugo

JANUARY 30

The future  
belongs to those  
who believe in  
the beauty of  
their dreams.

—Eleanor Roosevelt

JANUARY 31

→ FATE  
DOESN'T  
Decide—  
YOU  
DO!

—Dominic



FEBRUARY

FEBRUARY 1

It is better  
to ask  
some of the  
questions  
than to know  
all the  
answers.

—James Thurber

FEBRUARY 2

I expect to pass through  
this world but once.  
Any good, therefore,  
that I can do or any  
kindness I can show  
to any fellow creature,  
let me do it now.  
Let me not defer or  
neglect it, for I  
shall not pass this  
way again.

—Stephen Grellet

FEBRUARY 3

The supreme happiness  
of life is the conviction  
that we are loved.

—Victor Hugo



FEBRUARY 4

Love  
a little  
more  
each day.

—Madison

FEBRUARY 5

Give me a firm  
place to stand,  
and I will move  
the earth.

—Archimedes

FEBRUARY 6

I am an  
expression  
of the  
divine.

—Alice Walker

FEBRUARY 7

If you ever  
feel lost,

let your



be your compass.

—Emily

FEBRUARY 8

Everything  
you can  
imagine  
is real.

—Pablo Picasso

FEBRUARY 9

If thou follow  
thy star, thou  
canst not fail of  
glorious haven.

—Dante Alighieri

FEBRUARY 10

Find Your  
GREATNESS

—Rebecca

FEBRUARY 11

We all have the same roots,  
and we are all branches of  
the same tree.

—Aang (*Avatar: The Last Airbender*)

FEBRUARY 12

Man can learn  
nothing unless he  
proceeds from  
the known to the  
unknown.

—Claude Bernard

FEBRUARY 13

Be-YOU-tiful!

—Lindsay



FEBRUARY 14

To be loved,  
be lovable.

—Ovid

FEBRUARY 15

The smile is the  
shortest  
distance between  
two persons.

—Victor Borge

FEBRUARY 16

Those who try to do  
something and Fail  
are infinitely better  
than those who try  
to do nothing and  
Succeed.

—Lloyd Jones

FEBRUARY 17



A NEW

HOPE Begins...

—Jack

FEBRUARY 18

The main thing is  
to be moved, to love,  
to hope, to tremble,  
to live.

—Auguste Rodin

FEBRUARY 19

The greatest  
glory in living  
lies not in  
never falling,  
but in rising  
every time  
we fall.

—Nelson Mandela

FEBRUARY 20

Whatever  
you are,  
be a  
good one.

—Abraham Lincoln

FEBRUARY 21

Don't tell me  
not to fly, I've  
simply got to.

—Bob Merrill and Jule Styne,  
“Don't Rain on My Parade”

FEBRUARY 22

Kindly words  
do not enter  
so deeply into  
men as a  
reputation  
for kindness.

—Mencius

FEBRUARY 23

Hard work  
beats talent  
when talent  
doesn't work  
hard 😊

—Shreya

FEBRUARY 24



Keep a green tree in your heart  
and a singing bird may come.

—Chinese proverb

FEBRUARY 25

They are  
never alone  
that are  
accompanied  
with noble  
thoughts.

—Sir Philip Sidney

FEBRUARY 26

When you come to the  
end of your rope, tie a  
knot in it and hang on.

—Thomas Jefferson

FEBRUARY 27

It's not what  
happens to you,  
but how you react  
that matters.

—Epictetus



FEBRUARY 28

For  
kindness  
begets  
kindness  
evermore.

—Sophocles

MARCH 1

Kind  
words do not  
cost much.  
Yet they  
accomplish  
much.

—Blaise Pascal

MARCH 2

Never doubt that  
a small group of  
thoughtful, committed  
citizens can change  
the world.  
Indeed, it's the  
only thing that ever has.

—Margaret Mead

MARCH 3

To me, every hour of  
the light and dark  
is a miracle,  
Every inch  
of space is a miracle.

—Walt Whitman

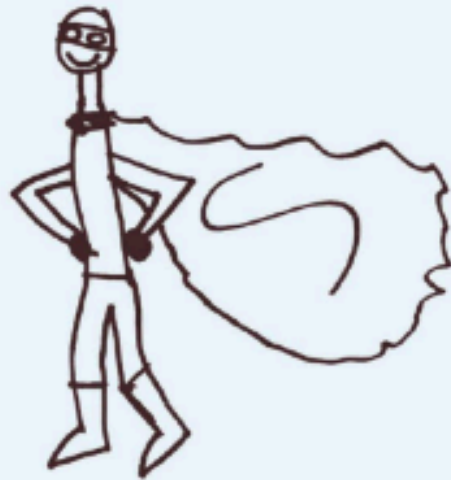
MARCH 4

How like an  
Angel came  
I down!

—Thomas Traherne

MARCH 5

Superheroes  
are made  
but heroes  
are  
born.



—Antonio

MARCH 6

A tree is known by its  
fruit; a man by his deeds.  
A good deed is never lost;  
he who sows courtesy  
reaps friendship, and  
he who plants kindness  
gathers love.

—St. Basil

MARCH 7

Do not go where  
the path may  
lead, go instead  
where there is no  
path and leave  
a trail.

—Ralph Waldo Emerson

MARCH 8

Life is a ticket to  
the greatest show  
on earth.

—Martin H. Fischer

MARCH 9

To know what  
you know and  
what you do not  
know, that is  
true knowledge.

—Confucius

MARCH 10

Happiness is not  
something ready-  
made. It comes from  
your own actions.

—Dalai Lama

MARCH 11

Always do right. This will  
gratify some people and  
astonish the rest.

—Mark Twain

MARCH 12

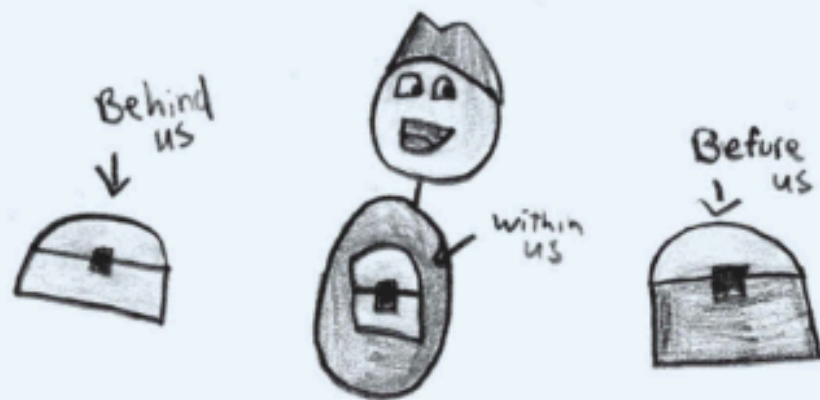
That Love is all there is,  
Is all we know of Love.

—Emily Dickinson

MARCH 13

What lies behind us  
and what lies before  
us are but tiny matters  
compared to what lies  
within us.

—Henry Stanley Haskins



MARCH 14

Thousands of candles  
can be lit from a  
single candle, and  
the life of the single  
candle will not be  
shortened.  
Happiness never  
decreases by  
being shared.

—Bukkyo Dendo Kyokai,  
*The Teaching of Buddha*



MARCH 15

Paradise on  
Earth is  
where I am.

—Voltaire

MARCH 16

In this world, one needs  
to be a little too good in order  
to be good enough.

—Pierre Carlet de Chamblain de Marivaux

MARCH 17

Good actions are the  
invisible hinges on the  
doors of heaven.

—Victor Hugo

MARCH 18

Be the person  
who can smile  
on the  
worst day.

—Cate

MARCH 19



—Isabelle

MARCH 20

Where there  
is love, there  
is joy.

—Mother Teresa

MARCH 21

**Hope** is like **THE**  
**Sun.** 

When it's behind the clouds,  
it's not gone,  
**YOU** just  
have to **FIND** it!

—Matthew

MARCH 22

your  
best  
takes  
your  
time.

—Thomas

MARCH 23

What wisdom  
can you find  
that is greater  
than  
kindness?

—Jean-Jacques Rousseau

MARCH 24

The man who moves a  
mountain must start by  
moving small stones.

—Chinese proverb



MARCH 25

You can do anything you  
want. All you have to do is

**Believe**

—Ella

MARCH 26

Be kind whenever  
possible. It is always  
possible.

—Dalai Lama

MARCH 27

As soon as you trust yourself,  
you will know how to live.

—Johann Wolfgang von Goethe

MARCH 28

We must dare,  
dare again,  
and go on  
daring!

—Georges Jacques Danton

MARCH 29

No bird soars too high if he  
soars with his own wings.

—William Blake

MARCH 30

Life is about  
using the  
whole box of  
crayons.

—RuPaul



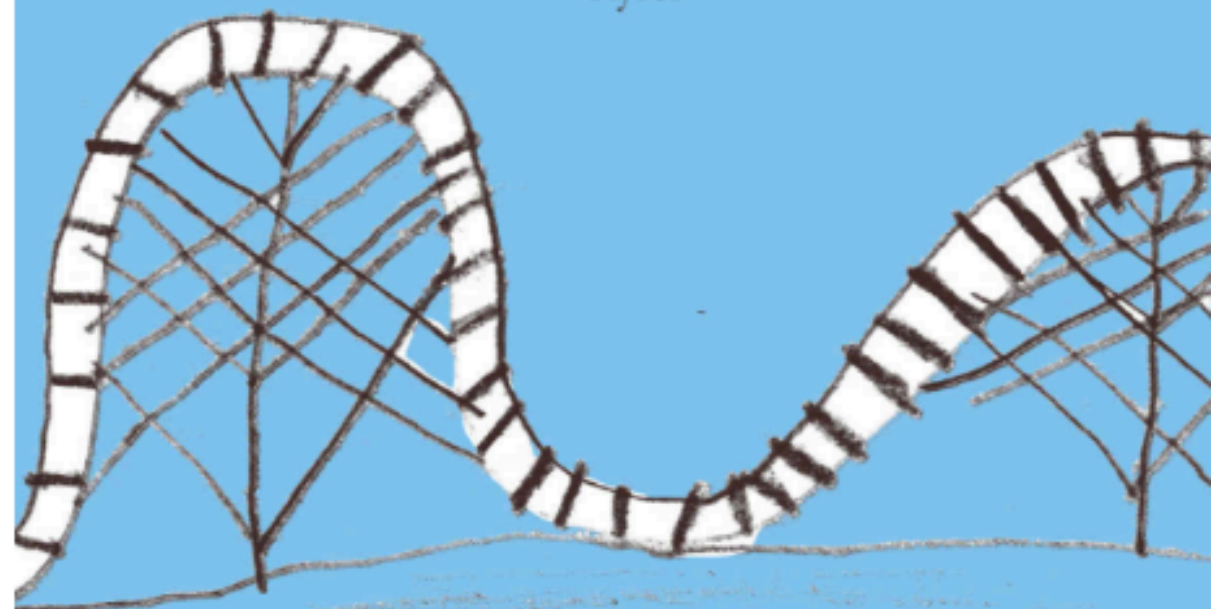
MARCH 31

Life is  
like a  
rollercoaster....



...with all its  
Ups and Downs.

—Kyler





*APRIL*

APRIL 1

What is  
beautiful is  
good, and  
who is good  
will soon be  
beautiful.

—Sappho

APRIL 2

'Tis always  
morning  
somewhere in  
the world.

—Richard Henry Hengist Horne

APRIL 3

Knowledge, in truth, is the  
great sun in the firmament.  
Life and power are scattered  
with all its beams.

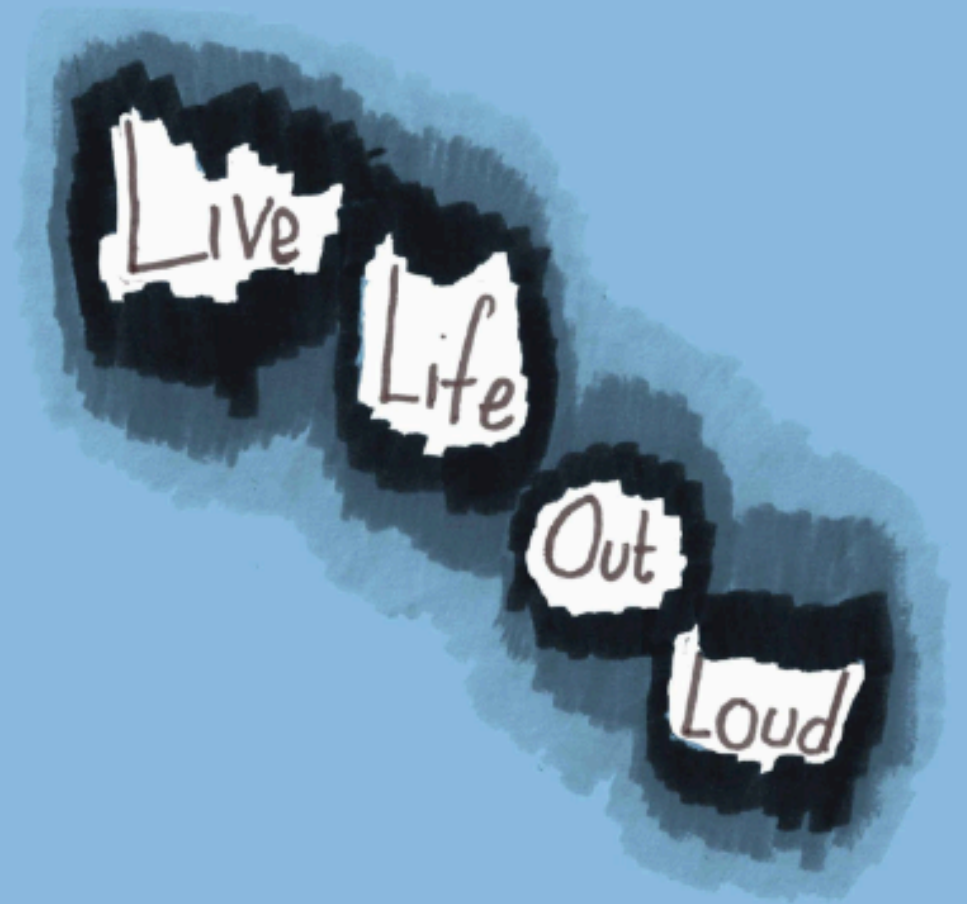
—Daniel Webster

APRIL 4

Nothing can  
make our life,  
or the lives of  
other people,  
more beautiful  
than perpetual  
kindness.

—Leo Tolstoy

APRIL 5



—Delaney

APRIL 6

Be the change  
you want to see  
in the world.

—Mahatma Gandhi

APRIL 7

Life can only be understood  
backwards; but it must be  
lived forwards.

—Søren Kierkegaard

APRIL 8

Heaven is  
under our feet  
as well as over  
our heads.

—Henry David Thoreau

APRIL 9

Be noble! and the nobleness that lies  
In other men, sleeping but never dead,  
Will rise in majesty to meet thine own.

—James Russell Lowell

APRIL 10

He was a bold  
man that first  
ate an oyster.

—Jonathan Swift

APRIL 11

It's not whether  
you get knocked down,  
it's whether you get up.

—Vince Lombardi

APRIL 12

The world is good-natured  
to people who are  
good-natured.

—William Makepeace Thackeray

APRIL 13

The  
Universe  
is What  
You   
illustrate  
it to be.

—Rory



APRIL 14

The difference  
between ordinary  
and extraordinary  
is that little extra.

—Jimmy Johnson

APRIL 15

I am only one,  
But still I am one.  
I cannot do everything,  
But still I can do something;  
And because I cannot do everything,  
I will not refuse to do the something that I can do.

—Edward Everett Hale

APRIL 16

You can  
complain  
because roses have  
thorns, or you can be  
grateful because thorn  
bushes have roses.

—Ziggy (Tom Wilson)

APRIL 17

Use what talent  
you possess: the  
woods would be very  
silent if no birds  
sang except those  
that sang best.

—Henry van Dyke



APRIL 18

The goal of life is to make  
your heartbeat match the  
beat of the universe, to match  
your nature with Nature.

—Joseph Campbell

APRIL 19



Even the  
toughest  
Dogs can  
be afraid  
of vacuums.

—Anna

APRIL 20

Do a deed of  
simple kindness;  
though its end  
you may not see,  
it may reach, like  
widening  
ripples, down a  
long eternity.

—Joseph Norris

APRIL 21

We love  
the things  
we love  
for what  
they are.

—Robert Frost

APRIL 22

Ideals are like stars; you will not succeed in touching them with your hands. But like the seafaring man on the desert of waters, you choose them as your guides, and following them you will reach your destiny.

—Carl Schurz

APRIL 23

You don't  
live in a  
world all  
alone.

APRIL 24

Your  
brothers  
are here,  
too.

—Albert Schweitzer

I feel no need for  
any other faith than my faith  
in human things.

—Pearl S. Buck

APRIL 25

Today I have grown  
taller from walking  
with the trees.

—Karle Wilson Baker

APRIL 26

The great man does not think  
beforehand of his words that they  
may be sincere, nor of his actions  
that they may be resolute—he simply  
speaks and does what is right.

—Mencius

APRIL 27

Wherever  
you are it  
is your own  
friends  
who make  
your  
world.

—William James

APRIL 28

There are  
many great  
deeds  
done in  
the small  
struggles  
of life.

—Victor Hugo



APRIL 29

Don't wait until you know  
who you are to get started.

—Austin Kleon

APRIL 30

To each, his own is  
beautiful.

—Latin proverb

MAY 1

Play the tiles  
you get.

—Grandma Nelly

MAY 2

Do all the good you can,  
By all the means you can,  
In all the ways you can,  
In all the places you can,  
At all the times you can,  
To all the people you can,  
As long as you ever can.

—John Wesley

MAY 3

There is nothing  
stronger in the world  
than gentleness.

—Han Suyin

MAY 4

A single act of kindness throws  
out roots in all directions, and  
the roots spring up and make  
new trees.

—Father Faber

MAY 5

Winners  
never quit  
and  
quitters  
never win

—Vince Lombardi

MAY 6

Cherish that which is  
within you.

—Chuang Tzu

MAY 7

Follow your dreams.  
It may be a long  
journey, but the  
path is right in  
front of you.

—Grace



MAY 8

It's not the load that  
breaks you down.  
It's the way you carry it.

—C. S. Lewis

MAY 9

Though we travel the  
world over to find the  
beautiful, we must  
carry it with us or we  
find it not.

—Ralph Waldo Emerson

MAY 10

The breeze at dawn has  
secrets to tell you.  
Don't go back to sleep.

—Rumi

MAY 11

IF PLAN "A" DOESN'T  
WORK, JUST REMEMBER:  
THE ALPHABET HAS  
25 MORE LETTERS.

—Unknown

MAY 12

The world does not  
know how much it  
owes to the common  
kindnesses which so  
abound everywhere.

—J. R. Miller, *The Beauty of Kindness*

MAY 13

The best and most  
beautiful things in  
the world cannot be seen  
or even touched.  
They must be felt with  
the heart.

—Helen Keller

MAY 14



—Dustin



MAY 15

FIND THINGS  
THAT SHINE  
AND MOVE  
TOWARD THEM.

—Mia Farrow

MAY 16



If you want to be  
well-liked, you got  
to be yourself.

—Gavin



MAY 17

If your  
ship doesn't  
come in,  
swim out  
to it.

—Jonathan Winters

MAY 18

All we are saying is give  
peace a chance.

—John Lennon

MAY 19

The purpose of life is a  
life of purpose.

—Robert Byrne

MAY 20

Believe  
in life!

—W.E.B. Du Bois

MAY 21

You're free to  
make your own  
choices, but you  
will never  
be free of the  
CONSEQUENCES  
of your choices.

—Srishti

MAY 22

Making a million friends is not  
a miracle . . . the miracle is to  
make such a friend who can  
stand with you when millions  
are against you.

—Unknown

MAY 23

Have I done an unselfish thing?  
Well then, I have my reward.

—Marcus Aurelius

MAY 24

The wind is blowing.  
Adore the wind!

—Pythagoras

MAY 25

The chief  
happiness  
for a man  
is to be  
what he is.

—Desiderius Erasmus

MAY 26

A single conversation  
across the table with a wise  
man is worth a month's  
study of books.

—Chinese proverb

MAY 27



Your actions are all  
you can own.

—Flynn

MAY 28

Just love life  
and it will love  
you back



—Madeline

MAY 29

Kindness is a  
language the  
deaf can hear  
and the blind  
can see.

—Mark Twain

MAY 30

Is it so small a thing  
To have enjoyed the sun,  
To have lived light  
in the spring,  
To have loved, to have  
thought, to have done;  
To have advanced true  
friends, and beat  
down baffling foes?

—Matthew Arnold



MAY 31

a multitude  
of small  
delights  
constitute  
happiness.

—Charles Baudelaire



*JUNE*

JUNE 1

Just  
follow the  
day and  
reach for  
the sun!

—The Polyphonic Spree

JUNE 2

Ignorance is not  
saying, I don't know.  
Ignorance is saying,  
I don't want to know.

—Unknown

JUNE 3

Start by doing  
the necessary,  
then the possible,  
and suddenly  
you are doing  
the impossible.

—St. Francis of Assisi

JUNE 4



Don't worry about a thing  
'cause every little thing is  
gonna be all right.

—Bob Marley

JUNE 5

A bit of fragrance clings to the hand  
that gives flowers.

—Chinese proverb

JUNE 6

Follow every  
rainbow,  
Till you find  
your dream.

—Rodgers and Hammerstein

JUNE 7

Life moves forward. If  
you keep looking back,  
you won't be able to see  
where you're going.

—Charles Carroll

JUNE 8

The only person  
you are destined to  
become is the person  
you decide to be.

—Ralph Waldo Emerson

JUNE 9

One of the  
secrets of life  
is that all that is  
really worth the  
doing is what we  
do for others.

—Lewis Carroll

JUNE 10

Whether you believe you  
can or believe you can't,  
you are absolutely right.

—Henry Ford

JUNE 11

Fall seven times.  
Stand up eight.

—Japanese proverb

JUNE 12

The most beautiful thing  
we can experience is  
the mysterious. It is the  
source of all true art  
and science.

—Albert Einstein

JUNE 13

Be humble, for you are  
made of earth.  
Be noble, for you are  
made of stars.

—Serbian proverb



JUNE 14

In a gentle  
way, you can  
shake the  
world.

—Mahatma Gandhi

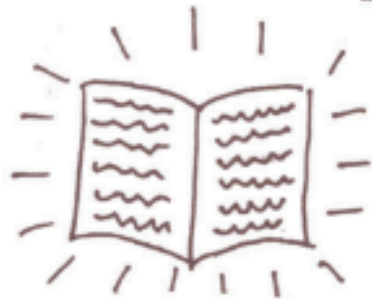
JUNE 15

We do not ask for what useful  
purpose the birds do sing, for  
song is their pleasure  
since they were created for  
singing. Similarly, we ought  
not to ask why the human  
mind troubles to fathom the  
secrets of the heavens. . . .

—Johannes Kepler

JUNE 16

Your life is  
your story,  
go write it.



—Clare

JUNE 17

Even if you don't  
win, listen to  
the small voice inside  
of you that says you  
are always a winner.

—Josh

JUNE 18

When we know how to read our  
own hearts, we acquire wisdom  
of the hearts of others.

—Denis Diderot

JUNE 19

Let me not  
pray to be  
sheltered from  
dangers but to  
be fearless in  
facing them.

—Rabindranath Tagore

JUNE 20

Thank you to life that has  
given me so much.  
It's given me the strength  
of my weary feet,  
With which I have walked  
through cities and puddles,  
Beaches and deserts,  
Mountains and plains. . . .

—Violeta Parra, “Gracias a la Vida”

JUNE 21

The greatest danger for  
most of us is not that our  
aim is too high and we  
miss it, but that it is too  
low and we reach it.

—Michelangelo Buonarroti

JUNE 22

He who  
travels has  
stories to  
tell.

—Gaelic proverb

JUNE 23

Courage is found in  
unlikely places.

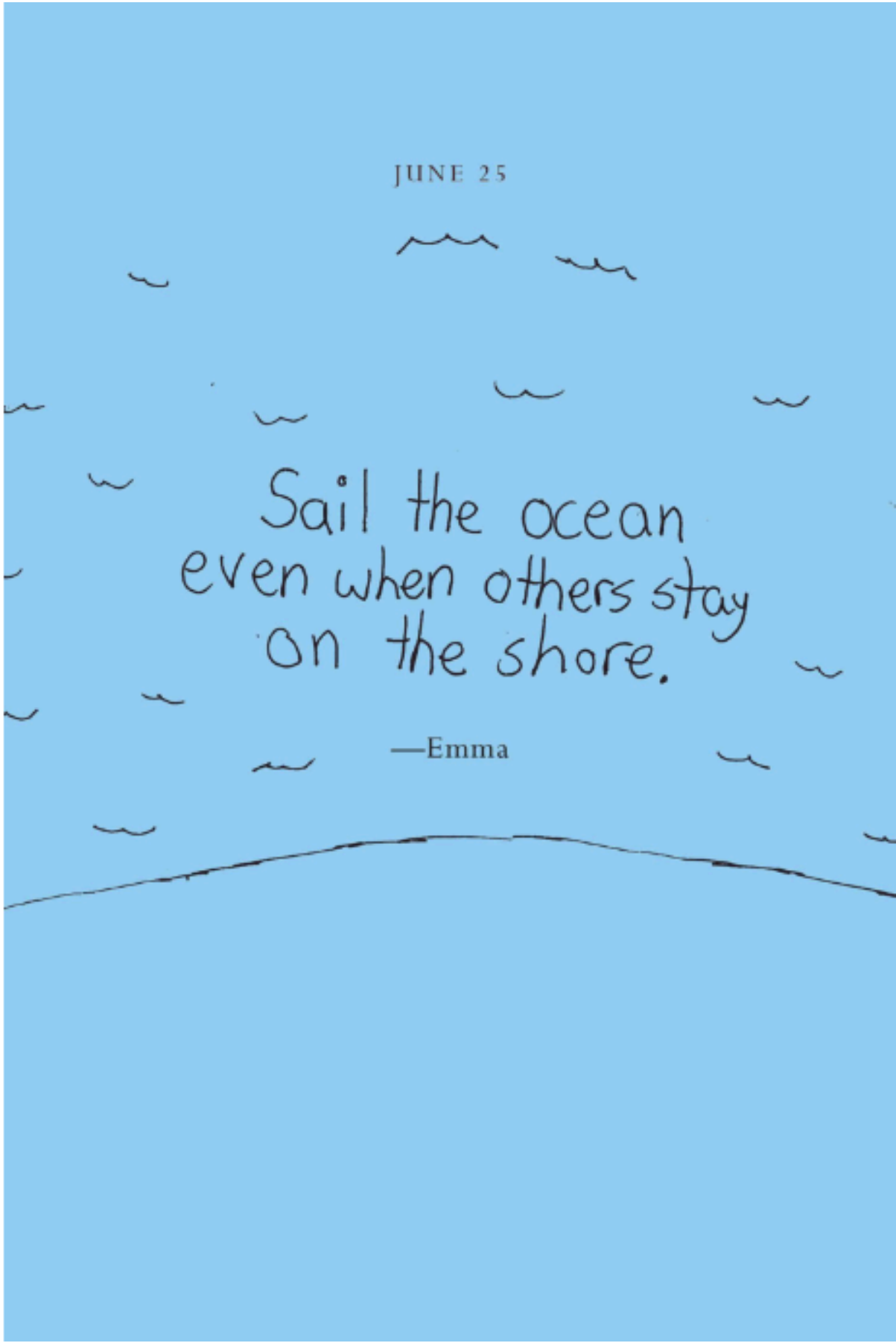
—J.R.R. Tolkien

JUNE 24

Every day,  
in every  
way, I'm  
getting  
better and  
better.

—Émile Coué

JUNE 25



Sail the ocean  
even when others stay  
on the shore.

—Emma

JUNE 26

LIFE IS NOT  
COLORFUL.  
LIFE IS  
COLORING

—Paco

JUNE 27

The true secret of  
happiness lies in taking  
a genuine interest in all  
the details of daily life.

—William Morris

JUNE 28

How many  
things are  
looked upon  
as quite  
impossible  
until they have  
actually been  
effected?

—Pliny the Elder

JUNE 29

Kindness is  
like snow.  
It beautifies  
everything  
it covers.

—Kahlil Gibran



JUNE 30

Every day  
may not  
be glorious,  
but there's something  
glorious in  
every day.

Find the glory!

—Caleb

JULY 1

Practice random  
kindness and  
senseless acts of  
beauty.

—Anne Herbert

JULY 2

Don't be afraid to take a  
big step. You can't cross a  
chasm in two small jumps.

—David Lloyd George

JULY 3

It is always easier to  
fight for one's principles  
than to live up to them.

—Alfred Adler

JULY 4

Great works are performed  
not by strength but by  
perseverance.

—Samuel Johnson

JULY 5

Shoot for the moon, because  
even if you miss, you'll land  
among the stars.

—Les Brown

JULY 6

Life is not  
measured by  
the number  
of breaths we  
take, but by  
the moments  
that take our  
breath away.

—Unknown

JULY 7

Greatness lies not in being  
strong, but in the right using  
of strength.

—Henry Ward Beecher

JULY 8

Shall we make a new rule  
of life from tonight: always to  
try to be a little kinder than  
is necessary?

—J. M. Barrie

JULY 9



—Buddha

JULY 10

There's only one corner  
of the universe you can be  
certain of improving, and  
that's your own self.

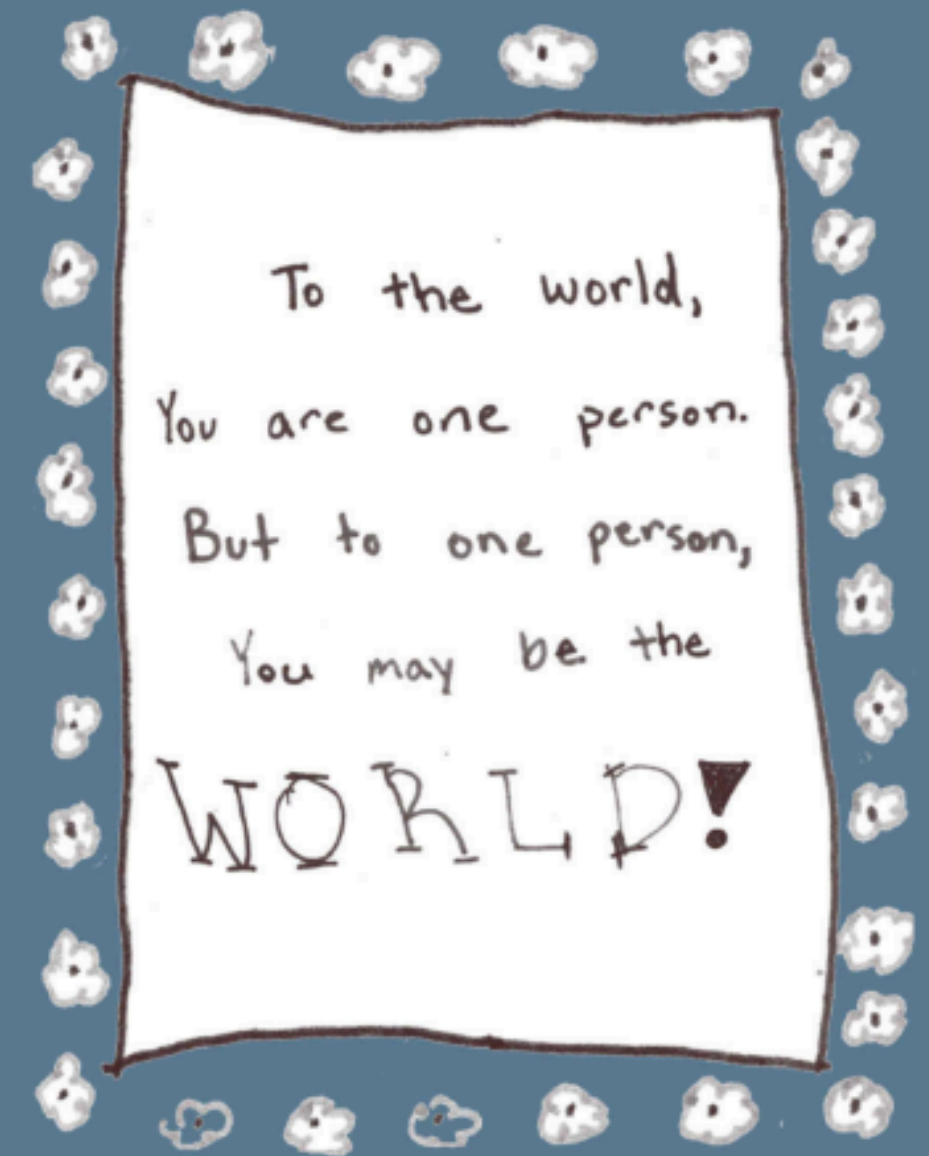
—Aldous Huxley

JULY 11

At the end of the game,  
pawns and kings go back  
into the same box.

—Italian proverb

JULY 12



—Unknown

JULY 13

Each of us  
has his own  
alphabet  
with which  
to create  
poetry.

—Irving Stone

JULY 14

If something stands  
to be gained, nothing  
will be lost.

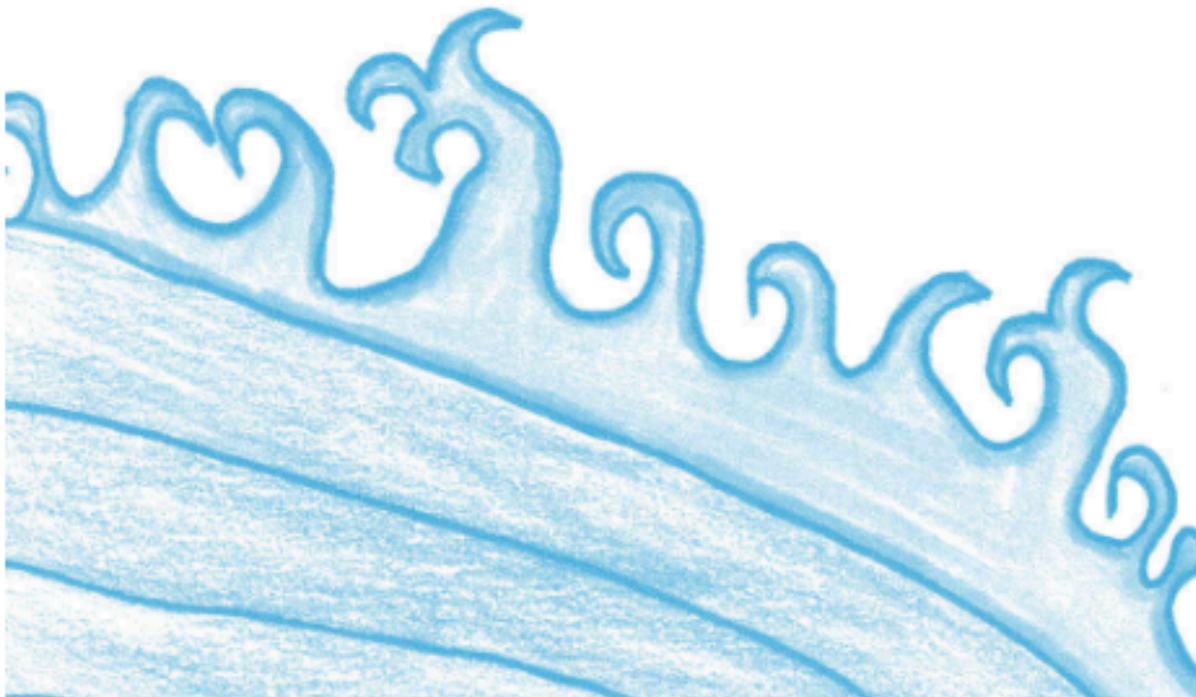
—Miguel de Cervantes



JULY 15

Determination is  
the wake-up call  
to the human will.

—Anthony Robbins



JULY 16

The sun'll come out  
tomorrow.

—Annie (Martin Charnin)

JULY 17

Ride on! Rough-shod  
if need be, smooth-shod if  
that will do, but ride on!  
Ride on over all obstacles,  
and win the race!

—Charles Dickens

JULY 18

The best  
things  
in life  
are not  
things.

—Ginny Moore

JULY 19

Tomorrow to  
fresh woods, and  
pastures new.

—John Milton

JULY 20

If you want  
to learn about  
the world  
go out in it.

—Mac

JULY 21

You miss  
100 percent  
of the shots  
you don't take.

—Wayne Gretzky

JULY 22

Remember there's  
no such thing as a  
small act of kindness.  
Every act creates a ripple  
with no logical end.

—Scott Adams

JULY 23

**SUCCESS**

does not come through  
grades, degrees or  
distinctions. It comes  
through experiences  
that expand your  
belief in what is

**POSSIBLE**



—Matea

JULY 24

Believe you  
can and  
you're halfway  
there.

—Theodore Roosevelt

JULY 25

An age is called Dark not  
because the light fails to  
shine but because people  
fail to see it.

—James Michener

JULY 26

There is no  
wealth but  
life.

—John Ruskin

JULY 27

You're never  
a loser until  
you quit trying.

—Mike Ditka

JULY 28

Return to old watering  
holes for more than  
water; friends and dreams  
are there to meet you.

—African proverb

JULY 29

The beauty of a living thing  
is not the atoms that go  
into it, but the way those  
atoms are put together.

—Carl Sagan

JULY 30



—J. M. Barrie



AUGUST 1

That is the  
beginning of  
knowledge—  
the discovery of  
something we do  
not understand.

—Frank Herbert

AUGUST 2

Far away in the sunshine are  
my highest aspirations.  
I may not reach them, but  
I can look up and see their  
beauty, believe in them, and  
try to follow where they lead.

—Louisa May Alcott

AUGUST 3

Just as there is no loss of basic energy in the universe, so no thought or action is without its effects, present or ultimate, seen or unseen, felt or unfelt.

—Norman Cousins

AUGUST 4

I am part of  
all that I have  
met.

—Alfred, Lord Tennyson

AUGUST 5

Do not seek to  
follow in the  
footsteps of the  
wise. Seek what  
they sought.

—Matsuo Bashō



AUGUST 6

**Courage doesn't  
always roar.  
Sometimes  
courage is the  
quiet voice at the  
end of the  
day saying,  
"I will try  
again tomorrow."**

—Mary Anne Radmacher

AUGUST 7

The more  
I wonder,  
the more  
I love.

—Alice Walker

AUGUST 8

You can never  
cross the ocean  
unless you have  
the courage  
to lose sight of  
the shore.

—André Gide

AUGUST 9

One of the most essential  
prerequisites to happiness is  
unbounded tolerance.

—A. C. Fifield

AUGUST 10



You don't get  
harmony when  
everyone  
sings the  
same note.

—Doug Floyd

AUGUST 11

ALWAYS BE ON  
THE LOOKOUT FOR  
THE PRESENCE  
OF WONDER.

—E. B. White

AUGUST 12

Life is not meant to be easy, my  
child; but take courage: it can  
be delightful.

—George Bernard Shaw

AUGUST 13

I cannot do all the  
good that the world  
needs, but the  
world needs all the  
good that I can do.

—Jana Stanfield

AUGUST 14



—Unknown

AUGUST 15

The splendid achievements  
of the intellect, like the soul,  
are everlasting.

—Sallust

AUGUST 16

The sage has  
one advantage:  
He is immortal.  
If this is not his  
century, many  
others will be.

—Baltasar Gracián



AUGUST 17

THE THINGS THAT MAKE ME  
DIFFERENT ARE THE THINGS  
THAT MAKE ME **ME**.

—Piglet (A. A. Milne)

AUGUST 18

We measure minds  
by their stature; it  
would be better to  
estimate them by  
their beauty.

—Joseph Joubert

AUGUST 19

It always seems  
impossible until  
it is done.

—Nelson Mandela

AUGUST 20

A wise man can  
learn more from  
a foolish  
question than a  
fool can learn from  
a wise answer.

—Bruce Lee

AUGUST 21

If you want to go quickly,  
go alone. If you want to go far,  
go together.

—African proverb

AUGUST 22

A  
STUMBLE  
MAY  
PREVENT  
A FALL.

—English proverb

AUGUST 23

Whatever is worth doing at all  
is worth doing well.

—Philip Dormer Stanhope

AUGUST 24

Yesternight the  
sun went hence,  
And yet is here  
today.

—John Donne

AUGUST 25

Kindness, like a boomerang,  
always returns.

—Unknown

AUGUST 26

Just keep  
swimming no  
matter how hard  
the current.



—Ava

AUGUST 27

Wisdom is like a  
baobab tree:  
No one person can  
embrace it, but  
a tribe can.

—African proverb

AUGUST 28

The butterfly counts not  
months but moments, and  
has time enough.

—Rabindranath Tagore

AUGUST 29

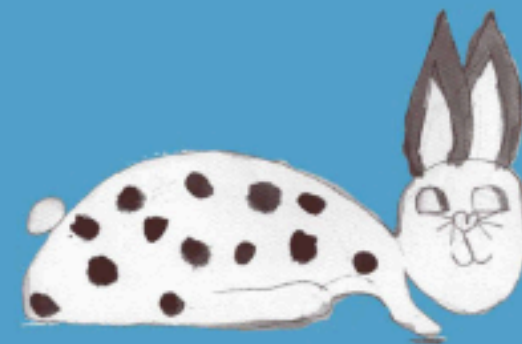
A good  
name will  
shine forever.

—African proverb

AUGUST 30

Very little is  
needed to make  
a happy life.

—Marcus Aurelius



AUGUST 31

Nothing in Nature is  
unbeautiful.

—Alfred, Lord Tennyson





SEPTEMBER

SEPTEMBER 1

When given the  
choice between  
being right or  
being kind,  
choose kind.

—Dr. Wayne W. Dyer

SEPTEMBER 2

Begin, be  
bold, and  
venture to  
be wise.

—Horace

SEPTEMBER 3

The wisest men  
follow their own  
course.

—Euripides

SEPTEMBER 4

Life isn't about  
finding yourself.

Life is about  
creating yourself.

—George Bernard Shaw

SEPTEMBER 5

Beauty is not in the  
face; beauty is a  
light in the heart.

—Kahlil Gibran

SEPTEMBER 6

The secret of  
getting things  
done is to act!

—Dante Alighieri

SEPTEMBER 7

Accept what you  
can't change.  
Change what you  
can't accept.

—Unknown

SEPTEMBER 8

You can't have  
a rainbow



a little bit  
of rain

—Unknown

SEPTEMBER 9

An act of kindness never dies,  
but extends the invisible  
undulations of its influence  
over the breadth of centuries.

—Father Faber

SEPTEMBER 10

If there is no  
struggle, there  
is no progress.

—Frederick Douglass

SEPTEMBER 11

*Every hour of  
the light and DARK  
is a miracle.*

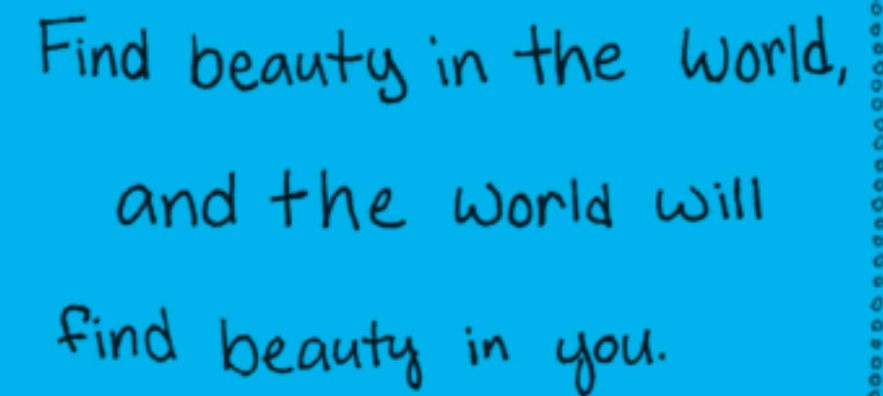
—Walt Whitman

SEPTEMBER 12

Never hesitate to tell the  
truth. And never, ever give  
in or give up.

—Bella Abzug

SEPTEMBER 13



Find beauty in the world,  
and the world will  
find beauty in you.

—Zöe

SEPTEMBER 14

Sometimes rejection in  
life is really redirection.

—Tavis Smiley

SEPTEMBER 15

I don't believe you have to be  
better than everybody else.  
I believe you have to be better  
than you thought you could be.

—Ken Venturi



SEPTEMBER 16



Being nice is  
being cool !

—Alexis

SEPTEMBER 17

What is a friend?  
A single soul dwelling  
in two bodies.

—Aristotle

SEPTEMBER 18

Sometimes  
the questions  
are complicated  
but the  
answers  
are simple.

—Dr. Seuss

SEPTEMBER 19

You are a conductor  
of light.

—Sir Arthur Conan Doyle

SEPTEMBER 20

Knowledge is love  
and light and vision.

—Helen Keller

SEPTEMBER 21

Strong people  
don't put others  
down. They lift  
them up.

—Michael P. Watson

SEPTEMBER 22

To him whose elastic and vigorous  
thought keeps pace with the sun, the  
day is a perpetual morning.

—Henry David Thoreau

SEPTEMBER 23

I believe that unarmed truth  
and unconditional love will  
have the final word.

—Martin Luther King, Jr.

SEPTEMBER 24

Treat others  
how you  
want to be  
treated.

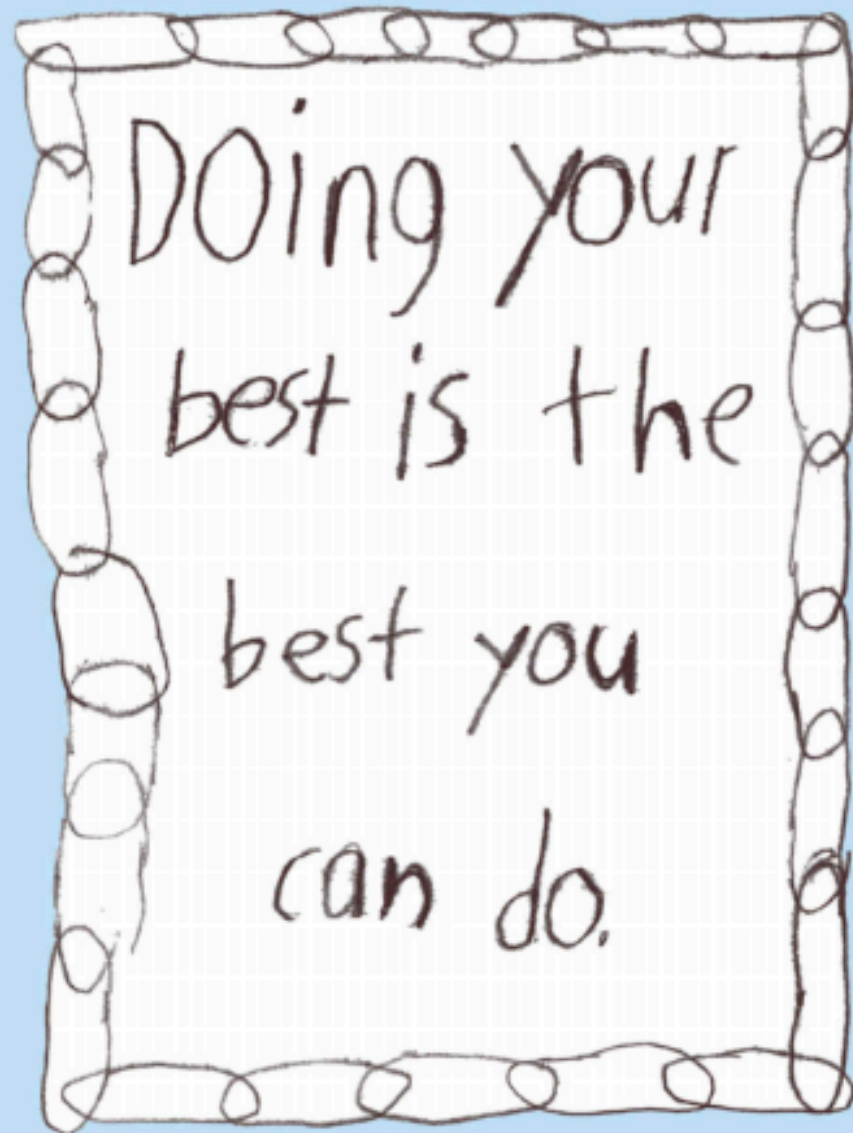
—Proverb

SEPTEMBER 25

Nothing  
happens unless  
first a dream.

—Carl Sandburg

SEPTEMBER 26



—Riley

SEPTEMBER 27

Come forth into the light  
of things. Let Nature be  
your teacher.

—William Wordsworth

SEPTEMBER 28

Ah! the immensity of the  
value of persons to each  
other, and of kind deeds  
and affectionate inventions  
between them, for the  
making of happiness!

—James Vila Blake, *More Than Kin*

SEPTEMBER 29

You are  
your own  
little light,  
shine bright  
so everyone  
can see.

—Elizabeth

SEPTEMBER 30

There are always flowers  
for those who want to  
see them.

—Henri Matisse



OCTOBER 1

Your deeds are your  
monuments.

—Inscription on an Egyptian tomb

OCTOBER 2

I do not believe in a fate that falls  
on men however they act; but I  
do believe in a fate that falls on  
them unless they act.

—G. K. Chesterton

OCTOBER 3



It is better to be in  
the dark with a friend  
than to be in the light  
without one.

—John

OCTOBER 4

What you do  
every day  
matters more  
than what you  
do every once  
in a while.

—Unknown

OCTOBER 5

Don't Cry  
because it's  
**OVER,**  
**SMILE**  
because  
**IT** happened.

—Dr. Seuss

OCTOBER 6

Be bold enough to use your  
voice, brave enough to listen  
to your heart, and strong  
enough to live the life  
you've always imagined.

—Unknown

OCTOBER 7

Great opportunities  
to help others seldom  
come, but small ones  
surround us every day.

—Sally Koch

OCTOBER 8

INVITE OTHERS TO  
WONDER WITH YOU.

—Austin Kleon, *Steal Like an Artist*

OCTOBER 9

Kindness is the  
golden chain by  
which society is  
bound together.

—Johann Wolfgang von Goethe

OCTOBER 10

If you can't change your  
fate, change your attitude.

—Amy Tan

OCTOBER 11

Rise above the  
little things.

—John Burroughs

OCTOBER 12

Inward happiness  
almost always  
follows a kind  
action.

—Father Faber

OCTOBER 13

I ask not for a  
lighter burden,  
but for broader  
shoulders.

—Jewish proverb

OCTOBER 14

Be yourself, you will not  
get a second chance to.

—Daniel

OCTOBER 15

Love truth, but  
pardon error.

—Voltaire

OCTOBER 16

What makes night  
within us may leave  
stars.

—Victor Hugo



OCTOBER 17

*Normal is a setting  
on a washing machine.*

—Unknown

OCTOBER 18

The best angle from  
which to approach  
any problem is the  
try-angle.

—Unknown

OCTOBER 19

Don't choose the  
one who is beautiful  
to the world. But  
rather, choose the  
one who makes your  
world beautiful.

—Harry Styles

OCTOBER 20

Seek not,  
my soul,  
immortal life,  
but make the  
most of what is  
within thy reach.

—Pindar

OCTOBER 21

**We make our world  
significant by the courage of  
our questions and the depth  
of our answers.**

—Carl Sagan

OCTOBER 22

*Fashion your life as a  
garden of beautiful deeds.*



—Unknown

OCTOBER 23

Be kind,  
for everyone  
you meet is  
fighting a hard  
battle.

—Ian Maclaren

OCTOBER 24

The soul aids the body, and at certain  
moments, raises it. It is the only bird  
which bears up its own cage.

—Victor Hugo

OCTOBER 25

Everything has its wonders,  
even darkness and silence,  
and I learn, whatever state I  
am in, therein to be content.

—Helen Keller

OCTOBER 26

It is only with the  
heart that one can  
see rightly; what is  
essential is invisible  
to the eye.

—Antoine de Saint Exupéry

OCTOBER 27

Even the darkest hour has  
only sixty minutes.

—Morris Mandel

OCTOBER 28

The mind is  
everything.  
What you  
think you  
become.

—Unknown

OCTOBER 29

**Constant kindness can  
accomplish much.  
As the sun makes ice  
melt, kindness causes  
misunderstanding, mistrust,  
and hostility to evaporate.**

—Albert Schweitzer

OCTOBER 30

*Find out what  
your gift is,  
and nurture it.*

—Katy Perry

OCTOBER 31

The way to have a  
friend is to be a friend.

—Hugh Black





NOVEMBER

NOVEMBER 1

Have no friends not  
equal to yourself.

—Confucius

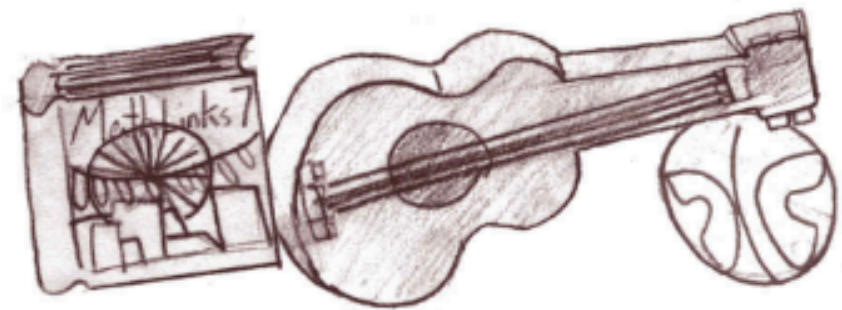
NOVEMBER 2

It is a rough  
road that leads  
to the heights  
of greatness.

—Seneca

NOVEMBER 3

No one is good  
at everything  
but everyone  
is good at  
Something.



—Clark

NOVEMBER 4

Turn your wounds  
into wisdom.

—Oprah Winfrey

NOVEMBER 5

In kindness is encompassed  
every variety of wisdom.

—Ernesto Sábato

NOVEMBER 6

Don't strive  
for love, be it.

—Hugh Prather

NOVEMBER 7

Good friends are like stars.  
You don't always see them,  
but you know they're  
always there.

—Unknown

NOVEMBER 8

When life  
gives you  
lemons,  
make orange  
juice.  
Be unique!

—J.J.

NOVEMBER 9

If opportunity doesn't  
knock, build a door.

—Milton Berle

NOVEMBER 10

O world, I am in tune  
with every note of  
thy great harmony.

—Marcus Aurelius

NOVEMBER 11

My religion is  
very simple.  
My religion is  
kindness.

—Dalai Lama

NOVEMBER 12

Today, fill  
your cup of  
life with  
sunshine and  
laughter.

—Dodinsky

NOVEMBER 13

Life is like sailing. You can  
use any wind to go  
in any direction.

—Robert Brault

NOVEMBER 14

It you're lucky  
enough to be different,  
don't ever change.

—Taylor Swift

NOVEMBER 15

It costs nothing  
to be nice.

—Harry Styles



NOVEMBER 16

To succeed in life, you need  
three things: a wishbone,  
a backbone and a funny bone.

—Reba McEntire

NOVEMBER 17

The devotion of  
thought to an honest  
achievement makes the  
achievement possible.

—Mary Baker Eddy

NOVEMBER 18

When you are living the  
best version of yourself, you  
inspire others to live the  
best versions of themselves.

—Steve Maraboli

NOVEMBER 19

The happiness of life is made  
up of minute fractions—the  
little, soon forgotten charities  
of a kiss or smile, a kind look,  
a heartfelt compliment, and  
the countless infinitesimals of  
pleasurable and genial feeling.

—Samuel Taylor Coleridge

NOVEMBER 20

If you don't  
Know, you  
should ask.

—Hailey

NOVEMBER 21

TO love  
ANOTHER  
PERSON  
IS TO  
SEE THE  
FACE OF  
GOD

—*Les Misérables, The Musical* (Alain Boublil)

NOVEMBER 22

Kindness can become its  
own motive. We are made  
kind by being kind.

—Eric Hoffer

NOVEMBER 23

What this  
world needs  
is a new  
kind of  
army—the  
army of the  
kind.

—Cleveland Amory

NOVEMBER 24

**Let us be grateful to people  
who make us happy. They are  
the charming gardeners who  
make our souls blossom.**

—Marcel Proust

NOVEMBER 25

And the song, from  
beginning to end,  
I found again in the  
heart of a friend.

—Henry Wadsworth Longfellow

NOVEMBER 26

Happiness is a perfume  
you cannot pour on  
others without getting a  
few drops on yourself.

—Unknown

NOVEMBER 27

Good deeds  
can lead to more  
good deeds which  
can lead to more  
good deeds that  
will eventually lead  
back to you!

—Nicolas

NOVEMBER 28

There are no shortcuts to  
any place worth going.

—Beverly Sills

NOVEMBER 29

WHEN  
IT'S DARK,  
BE THE  
ONE WHO

URNS  
ON  
THE  
LIGHT.

—Joseph

NOVEMBER 30

Big shots are only  
little shots who  
keep shooting.

—Christopher Morley





*DECEMBER*

DECEMBER 1

Fortune  
favors  
the bold.

—Virgil

DECEMBER 2

Kindness is  
difficult to give  
away because  
it keeps  
coming back.

—Marcel Proust

DECEMBER 3

The smallest  
good deed is better  
than the grandest  
intention.

—Unknown

DECEMBER 4

I'm not afraid of  
storms, for I'm  
learning how to sail  
my ship.

—Louisa May Alcott

DECEMBER 5

On that best portion of  
a good man's life,  
His little, nameless,  
unremembered, acts  
Of kindness and of love.

—William Wordsworth

DECEMBER 6

By perseverance,  
the snail reached  
the ark.

—Charles Spurgeon

DECEMBER 7

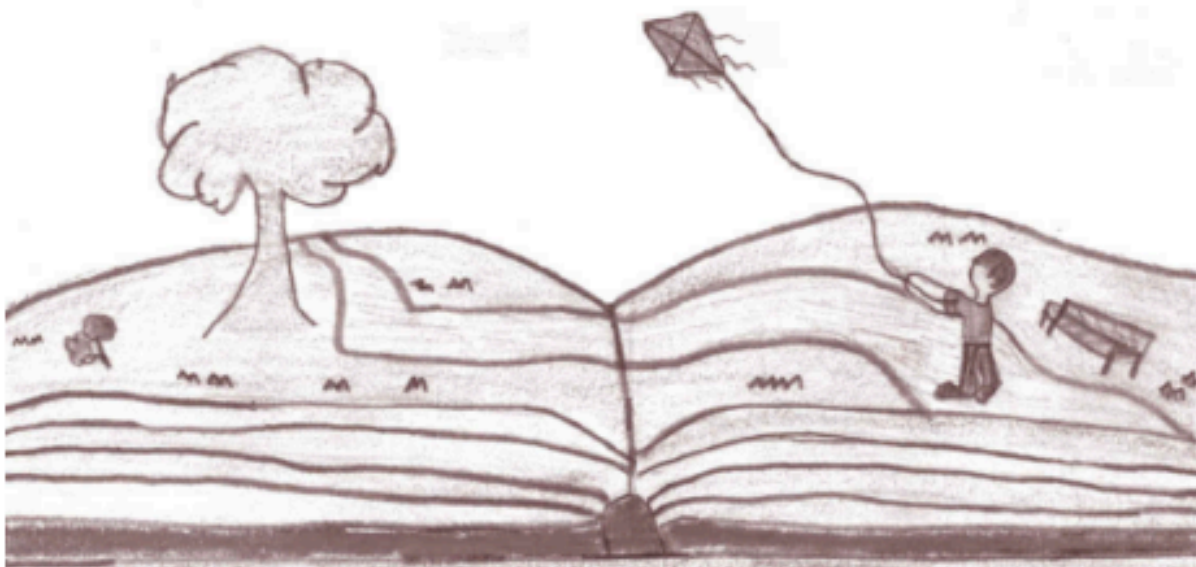
I believe that  
every human  
mind feels  
pleasure in  
doing good to  
another.

—Thomas Jefferson

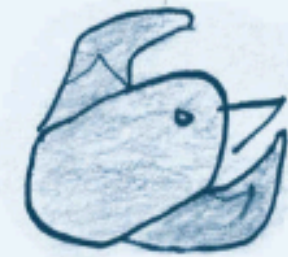
DECEMBER 8

I've learned  
that life is like  
a book. Sometimes  
We must close a  
chapter and begin  
the next one.

—Hanz



DECEMBER 9



You're like a bird,  
Spread your wings  
and Soar above  
the clouds.

—Mairead

DECEMBER 10

**The sun does not  
shine for a few trees  
and flowers, but for  
the wide world's joy**

—Henry Ward Beecher

DECEMBER 11

All our dreams can  
come true—if we  
have the courage to  
pursue them.

—Walt Disney

DECEMBER 12

Injustice anywhere is a threat  
to justice everywhere.

—Martin Luther King, Jr.

DECEMBER 13

You are never too old  
to set another goal  
or to dream a new  
dream.

—C. S. Lewis

DECEMBER 14

Life is like an  
ice-cream cone; you  
have to lick  
it one day at a time.

—Charles M. Schulz

DECEMBER 15

Accept what you have  
and treat it well.

—Brody



DECEMBER 16

For beautiful eyes, look  
for the good in others;  
for beautiful lips, speak  
only words of kindness;  
and for poise, walk  
with the knowledge  
that you are never alone.

—Audrey Hepburn

DECEMBER 17

True wisdom lies in  
gathering the precious  
things out of each day  
as it goes by.

—E. S. Bouton

DECEMBER 18

Nothing will work  
unless you do.

—Maya Angelou

DECEMBER 19

EVEN THE  
SMALLEST  
PERSON  
CAN CHANGE  
THE COURSE  
OF THE FUTURE.

—J.R.R. Tolkien

DECEMBER 20

To give service to a  
single heart by a single act  
is better than a thousand  
heads bowing in prayer.

—Mahatma Gandhi

DECEMBER 21



One  
little word  
Can light up  
Someone's day.

—Ainsley

DECEMBER 22

Do your little bit of  
good where you are;  
it's those little bits of  
good put together that  
overwhelm the world.

—Desmond Tutu

DECEMBER 23

Happiness resides  
not in possessions,  
and not in gold.  
Happiness dwells  
in the soul.

—Democritus

DECEMBER 24

Goodness does not consist  
in greatness, but greatness  
in goodness.

—Athenaeus

DECEMBER 25

A single  
sunbeam  
is enough  
to drive  
away many  
shadows.

—St. Francis of Assisi

DECEMBER 26

Amid life's  
quests, there  
seems but  
worthy one:  
to do men  
good.

—Gamaliel Bailey

DECEMBER 27

A big heart  
is determined  
to make other  
hearts grow.

—Christina

DECEMBER 28

**Happiness is someone to  
love, something to do, and  
something to hope for.**

—Chinese proverb

DECEMBER 29

We didn't all  
come over on  
the same ship,  
but we're all in  
the same boat.

—Bernard Baruch



DECEMBER 30

Dream your dreams,  
but when you act,  
plant your feet firmly on  
the ground.

—Noel Clarasó

DECEMBER 31

**Let us always meet each other**





with a smile. . . .

—Mother Teresa

