



Counselor's Chronicles

October 2017



Mrs. Chirichiello
School Counselor



Week of Respect- October 2-6

Monday- 10/2/17	<ul style="list-style-type: none"> Dress up in Superhero clothes to be a H.E.R.O. (<u>H</u>elping <u>E</u>veryone <u>R</u>espect <u>O</u>thers) Omega-man and Friends Assembly on Character Development and Bully Prevention
Tuesday- 10/3/17	Wear yellow or gold for the golden rule: "To treat others the way you want to be treated"
Program	Daily announcements about how superheroes show behavior in different areas (classroom, cafeteria, bathroom, hallways, buses, LMC, school grounds)
Parent Challenge	Discuss what respect looks like at home (kind words, manners, listening)



Red Ribbon Week- October 23-31 " Real Heroes don't do drugs"

- 10/23/17- " You have the power to stay drug free"- Wear Red
- 10/31/17- "Superheroes show good character- dress up as your favorite character during the parade
- Students will receive Red Ribbon packs donated by the West Orange Municipal Alliance
- Superhero training guide and pledge on how to keep our minds and bodies healthy
- 4th Grade Folder Contest through A Partnership for a Drug Free NJ themed " Fun things to do instead of drugs"
- 5th Grade Poster Contest, parent alert pamphlet
- K/1- Lessons about safe and unsafe items

School Violence Awareness Week- October 16-20



Students will learn to use "I Statements". I feel _____, when _____ I need _____. Student will also learn how to use their "Anger Shields" to keep calm and be a superhero. These activities will help our heroes to learn how to talk about their feelings and to help cool down their body and mind, make super choices and resolve conflicts peacefully.

Parents: Remind students that they are allowed to feel angry and practice using their superpowers by using " I- statements and cool down by using their "anger shields".

National School Bus Safety Week-October 16-20



Brochures will be sent home to teach about safe bus behaviors.

Parents: Remind students to wear their seatbelts when they are in any cars or buses and to use inside voices