



WOHS Physical Education Daily Rubric

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<u>*Preparation</u>	*The student is dressed in the proper Physical Education attire and footwear to participate in physical activity.	*The student is dressed in the proper Physical Education attire and footwear to participate in physical activity.	*The student is dressed in the proper Physical Education attire and footwear to participate in physical activity.	*The student is in class but is unprepared and unable to participate in the 10 Minutes of Fitness/fitness testing, unit activity and or performance based assessment.
<u>*10 Minutes of Fitness/Fitness Testing</u>	*The student actively participates in 10 Minutes of Fitness/fitness testing.	<u>The student does NOT:</u> *The student does not participate in 10 Minutes of Fitness/fitness testing.	*The student does not participate in 10 Minutes of Fitness/fitness testing.	
<u>*Unit Activity</u>	*The student demonstrates highly active participation and shows willingness and effort to improve skill proficiency.	<u>OR</u> *The student is not actively participating, or showing willingness and effort to improve skill proficiency.	*The student is not actively participating, or showing willingness and effort to improve skill proficiency.	
<u>*Social Responsibility & Safety</u>	*The student demonstrates safe and prudent behaviors by following all safety rules and guidelines. Demonstrates appropriate social behaviors (respect for peers, teachers, sportsmanship, etc.) throughout the class period.	<u>OR</u> *The student is not demonstrating proper social responsibility & safety	*The student is not demonstrating proper social responsibility & safety	

